

# willow<sup>®</sup> Nipple Sizing Tool

## SIZING CHART

### PRINTING INSTRUCTIONS

1. Print out this sizing guide at 100% on 8.5 x 11 inch paper.
2. Fold circles in half along dotted line and carefully cut out each circle.

### DETERMINE YOUR WILLOW SIZE

1. Stimulate your nipple until it perks up (don't skip this step!)
2. Slide the circles over each nipple.
3. Select the circle that can slide all the way to the base without touching any part of the nipple.
4. Determine your Willow size by using the sizing chart.

NOTE: Sizing is an "art". Based on your nipple elasticity you may need to size down if you have elastic nipples, or size up if you have less elastic nipples. If you feel discomfort or experience consistently reduced volume, you may need to experiment with different sizes.

Measured Nipple Size	Recommended Willow Flange or Container Insert	Recommended Willow Sizing Insert
9-11mm	24mm* + 13mm	
11-13mm	24mm* + 15mm	
13-15mm	24mm* + 17mm	
15-17mm	24mm* + 19mm	
17-20mm	21mm or 24mm*	21mm**
20-23mm	24mm	N/A
23-26mm	27mm	N/A
26-28mm	N/A	N/A

## willow3.0<sup>™</sup>



### 360° leak-proof mobility

Totally leak-free\* so you can pump while doing anything. Run errands, a meeting, or a marathon without spilling a drop.



### Two ways to pump

Pump directly into leak-proof milk bags, or reusable eco-friendly 4 oz containers.



### Smart Suction Technology

Watch our proprietary technology mimic your baby's nursing rhythms and automatically adjust to optimize output.



### Two parts to clean

Dishwasher-safe with just two parts to clean.



### Smart pumping

Start and stop your pump, track volume, and more with our mobile and Apple Watch-compatible app.

## willowGO<sup>™</sup>



### Ultra-quiet and compact

In-shirt design for pumping wherever, whenever



### Made for multi-tasking

Designed for more mobility, with fewer leaks



### More capacity

Choose from 5 oz or 7 oz reusable containers



### 5 parts to clean

Dishwasher-safe for easy clean up



### App-connected

Control your pump and access personalized services and content

